

# Tablet Configuration Guide for Seniors

A step-by-step guide to setting up your new iPad or Android tablet with confidence. We'll walk through everything you need to know, from initial setup to staying safe online.

FOR SENIORS 65+

IPAD & ANDROID



# Getting Started: Initial Setup

01

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## Power On & Language

Press and hold the power button until you see the welcome screen. Select your language and country from the list.

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## Connect to Wi-Fi

Choose your home Wi-Fi network from the list. Enter your Wi-Fi password carefully. The password is case-sensitive.

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## Create Your Account

iPad users will create an Apple ID. Android users will use a Google account. Write down your password and keep it safe.

04

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## Agree to Terms

Review the terms and conditions. These explain how your device works and protects your information.

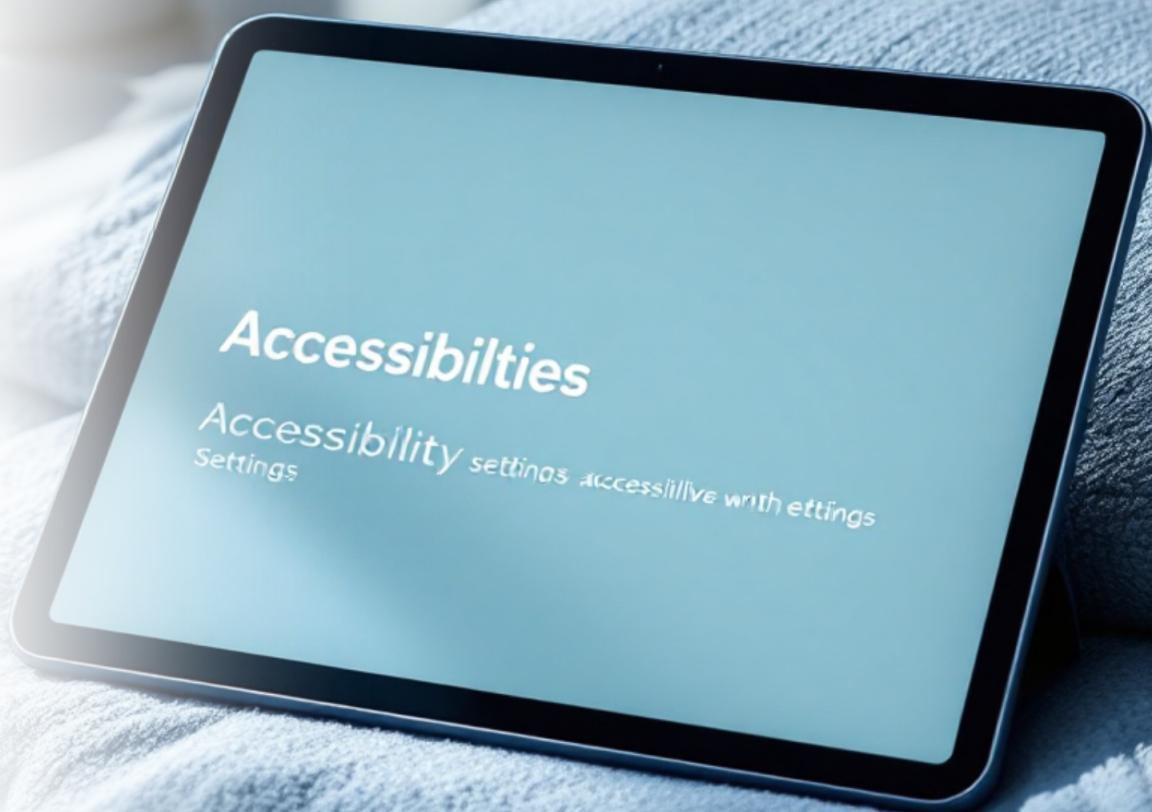
# Make Text Easy to Read

## For iPad:

1. Open Settings app
2. Tap "Display & Brightness"
3. Select "Text Size" and drag slider to the right
4. Turn on "Bold Text" for extra clarity
5. Enable "Increase Contrast" under Accessibility

## For Android:

1. Open Settings app
2. Tap "Display"
3. Select "Font Size" and choose Large or Extra Large
4. Turn on "Bold Font" if available
5. Adjust "Display Size" to make everything bigger



# Voice Commands & Screen Reader



## Voice Assistant

**iPad:** Say "Hey Siri" or hold the home button. Ask Siri to make calls, send messages, or search the web.

**Android:** Say "Hey Google" or tap the microphone icon. Google Assistant can help with tasks hands-free.



## Screen Reader

**iPad:** Turn on VoiceOver in Settings > Accessibility. Your tablet will read everything on screen aloud.

**Android:** Enable TalkBack in Settings > Accessibility. It describes what you touch, select, and activate.

# Protect Your Tablet: Security Settings

## Screen Lock

- Set a 6-digit PIN or password
- Avoid birthdays or simple patterns
- Your tablet will lock after 2 minutes of inactivity

## Two-Factor Authentication

- Adds an extra security step when logging in
- You'll get a code via text or email
- This prevents unauthorized access to your account

## Automatic Updates

- Turn on automatic system updates
- Updates fix security problems
- Your tablet will update overnight while charging



# Privacy Settings & Essential Apps

## Privacy Basics

Control what apps can access:

- Location: Only allow when using the app
- Camera & Microphone: Grant only to trusted apps
- Contacts: Be selective about sharing
- Photos: Review permissions regularly

**Tip:** Go to Settings > Privacy to review all permissions anytime.

## Apps to Download

**Video Calls:** Zoom, FaceTime (iPad), Google Meet

**Email:** Gmail, Mail (iPad)

**Photos:** Google Photos for backup

**Health:** Health apps recommended by your doctor

**News:** Choose trusted sources

**Banking:** Your bank's official app



# Safe Browsing & Final Checklist



## Browser Safety

Use Safari (iPad) or Chrome (Android). Look for the padlock icon in the address bar before entering passwords. Never click suspicious links in emails or texts.



## Setup Complete!

You've configured accessibility settings, enabled security features, set privacy controls, and downloaded essential apps. Your tablet is ready to use safely.



## Need Help?

Ask a family member to review settings with you. Visit your local library for free tech help classes. Contact device support if you get stuck.

# About Cybersecurity Non-Profit

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- **Women's Security** – Empowering women with cybersecurity knowledge
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